

¡Zen y La Fermata! el libro (pdf)

Parte uno de los dos, La otra embedded en mi “blog” alla:

<https://rileyonfilm.com/category/books/zenylafermata/page/4>



by Damien Riley

June 2024, Apple Valley, California

This 3rd book is dedicated to dear Dad: my first techie teacher, a true artist and legit leader of the band. Love you man. Talk soon. -Day

This is Parte uno of dos . Part two is in a Wordpress.org (self-hosted) blog modality/format and must be experienced as such. Go here for part two:

<https://rileyonfilm.com/category/books/zenylafermata>

Published by “Riley Central” under the Creative Commons License of: share and share alike, 2023. Questions? Contact me via my website rileyonfilm.com or email: rileyonfilm@gmail.com or call/text someone at Riley Central at (760) 220-2349 I love my fans. I’ll get back to you, bet on it. ♥□□□

Don’t feel left out! You are everything. Books like this evolve because of special people like YOU. I can’t thank you enough out there. You know and I know the contribution to my arts you have made.

Now, Let us begin to arrive at the end. I hope you enjoy before we get there. Arms up! Dearture!

To the DEAR reader: Before we begin this fun-infused book (blog book first, then paper if you go for that I can hook it up!) is primitive and often imitative of John Dos Passos’ “The Big Money,” 2024 newsreels coming atcha. I loved the USA Trilogy in college! Keep your seatbelt off, it keeps your mind more open. Thanks for your forgiveness in advance, this book don’t hold back. You’ve been warned. The secret? Accept everything.

-Damien Riley 06/15/2024

*NOTICE TO ALL WHO SEEK TO TRAVERSE THESE WORD, MUSIC, AND IMAGE-SATURATED ART OF MINE: I know we’re all excited, my book being out now and all BUT ... and this is super important (yes I went there with the hyper “super” addend of Californian culture I once vowed never to include in something I publish) I am now closing a deal to release a cartoon so know in that realm, I love kids. But please parents: this particular document is NOT FOR YOUNG KIDS! Keep em away until they’re about 15 or 16 I’d say. Then they’ll maybe be Huck-Finn enough to snort and laugh a little (even just to themselves) at the content. Sorry I had to say that, but I did. My thought child of a kid’s cartoon is coming soon!! Subscribe and follow me to get news of that development!! My advice? Wait and show em that!!! ~DAME
PS I have very few rules but I’ll cut my arms off be4 I violate them.*

Come on everybody, What Wendy? ,, errr sure the rest can come too, HERE WE GO!

You sure you wanna do this??? I hope so but it’s gonna be a ride, you gotta let go to go down this road. Eh, just the best you can will do.

This book has no chapters

THIS JUST IN!!

Anti MAGA Mockingbird Blogger (just in theory for debates ... I love all people), Damien Riley ... (and Nightingale singer according to Kenny Kingston one time) ... Raises a Stir in Apple Valley

Art mimics life and sometimes it’s so flawlessly done in film that it explains the news of the day. In this case. I’m referring to racism as portrayed in Harper Lee’s “To Kill a Mockingbird.”

Today we are hearing evidence of Republicans mistreating migrants. Governor Abbot had them bussed to Chicago in a defiant act against President Biden. I recall the scenes in Mockingbird where Mayella recounts for the court how she as supposedly raped by a crippled arm black man.

I will say in the same paragraph however that I am not assaulting Republicanism as a group (though it is going that way dear friends. I'm astounded how low they have sunken under Trump's dictatorship.

We find out quickly this rape could not have happened and it opens' our eyes to the dehumanization of blacks in the 1930's. You'd think we would have stopped this's hurtful nonsense after all these years. Trump's mug juts out at all of us reminding how we deserve more than another race. This is a lousy way to deal with "The Other" among us. He has grabby hands.

I think this film has replaced "A River Runs Through it" as my all time favorite. Every semester I teach entering Freshmen about respect for the "Other." You see this perfectly embodied in the character played by Greg Peck, Atticus Finch. That's the only comparison I will allude to regarding Republicans. If you are one, I hope you don't get offended but rather heed the call to be better. I used to be a Republican, I shy away from that fact now.

The court scenes show a white man who has empathy for the Other in his awareness' for the Other, who is a black man, his client, The film is charming because it paints a timely portrait of the South. The genius mind of Harper Lee has created a place on film where we all can go to address these issues. We're all guilty of racial bias, I truly believe that. Some more than others can rise above. I can give this film no less than 10/10. Watch it, especially if you are a MAGA Republican.

MAY 23, 2024 BY DAMIEN RILEY

Middle class?

There is a big difference between the "movie star" life and the middle class. And there are levels of poverty. There's a big difference in what a Mexican immigrant can buy with \$10 and make it last for their family. Then there are those sleeping in the streets, I like writing about poverty because I feel thankful for my existence.

Splinter liberal loco leader Damien Riley accidentally publishes a brief thought on Nesmax. OOPS.

<https://rileyonfilm.com/thats-for-you-audio>

My piece "That's For You" is above (Listen and comment for 100 points extra credit.) No joke!

This has been haunting me for decades, probably all my life of 55 years. Why in the hell do I have to share everything with everyone at all times to feel status quo "happy?"

Listen to Riley on Film wherever you get your podcasts! This audio chapter is called "That's for You" on Spotify and all other places under my command. Most all offer transcript downloads so would you mind getting it there?

Mantra: "It's easy for me to change."

MAY 19, 2024 BY DAMIEN RILEY

Fashion Island kinda girl. (I'm in love again.)



I see: my ex,

Molly Ringwald, and that biker chick in The Jerk. ~felt

Like this:

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MAY 19, 2024 BY DAMIEN RILEY

Raven head girl looking at the moon, longing.



MAY 19, 2024 BY DAMIEN RILEY

What Would I Marry for?



Not Riches

Not Comfort

Not Sex

Not Fantasy vacays

But DEFINITELY FOR Companionship ✓(which sort of encompasses all other reasons listed here)

I'm 100% good with compassionate companions status!! Hurry up and get here.

I'm just chillin. Let her come 2 me. Today I felt something shift though, like she's seeing me waiting somewhere out there. It wasn't specific yet. I wonder if today at the same time she sensed I was thinking about her.





Please be like I asked ☐ You already exist in my heart energetically. Come home! Trying your best be patient for my companion. ~felt



What a beauty.

I'm gonna make bank in holy shit shaded area. With a crisp dollar in my undies, FOR LUCK.

MAY 16, 2024 BY DAMIEN RILEY

My world you'll never see

MAY 15, 2024 BY DAMIEN RILEY

The trouble being single is

I don't have anybody telling me when it's time to stop, so I usually don't until I'm fregin spent. I also pine a lot with no whorehouses around. Don't call me Mister, like subscribe, follow, etc, and call me Cmr. DAME, yeah just like that. ?? Well do you know a good one?? Ive been asking.



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Are warehouses even real? (Interesting title for a book!! Research)

Like this:

MAY 15, 2024 BY DAMIEN RILEY

I know they streak in Malibu.

I saw it at 8 yrs old.



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row on **Riley on Film!**
Keep up the good work.

Post published

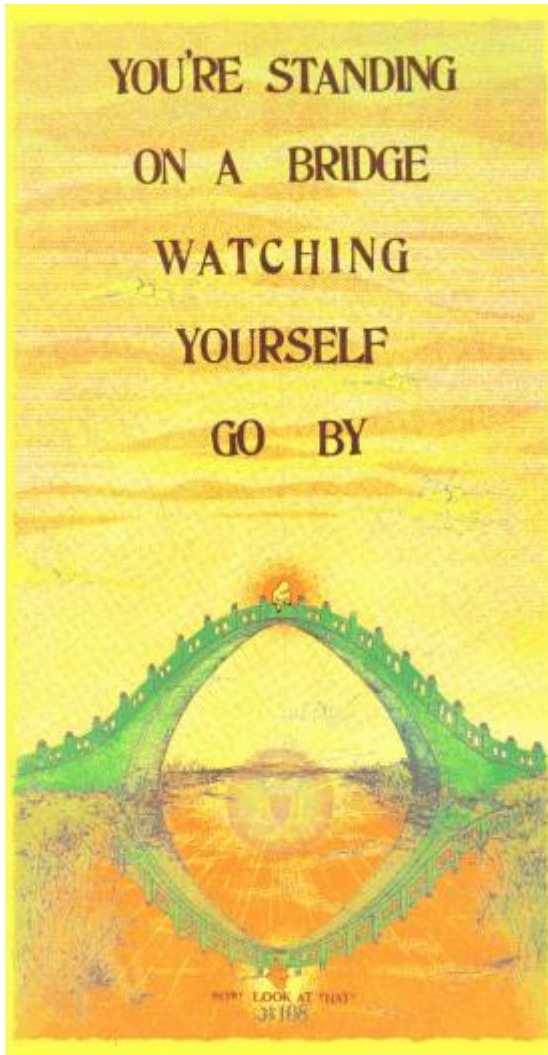
The trouble being single is

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streak in so many aspects of my life right now. I just sit back and watch.

I am on a

YOU'RE STANDING
ON A BRIDGE
WATCHING
YOURSELF
GO BY



meditation


Great

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MAY 16, 2024 BY DAMIEN RILEY

My world you'll never see

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damien

DECEMBER 30, 2023 BY DAMIEN RILEY

Save your dollars tip no. 43: As for Starbucks, Save your cups, & save your bucks ☐ Listen ups:



Some initial investments are necessary though you might already have them in your kitchen. L to R: \$25 elec kettle, 2nd time Starbucks cup (washed and dried but only use 2x they get weak and can leak after that), Christmas gift of the good stuff (Folgers will do), & a \$15-35 French press
□*Note: If they double cup it, just throw out the wet one. You've got a brand new cup and it even has your personalized name and order sticker on it! Enjoy and save!*

Like this:

JANUARY 15, 2024 BY DAMIEN RILEY

Bands Aplenty Grew from the OC



Gwen Stefani

of many musical things



Eric Stefani of



No Doubt

Me

*and my brother Collin 1987
Resolution reunited around 2016 in Dana Point.*

The

There were so many infamous bands from my hometown of Mission Viejo and the South OC region. I was in a couple: 63 Lipless Fish and The Resolution. My brother Collin and I both played with a lot of locals such as Marco Forster, Jim Viviano, Doug Crandall, Rich Weinrach, Lance Lyons, Jeffrey Koclanis, Sean Teer, Jack Kilby, Eric Stefani, Brad Wads, Mike Lochmiller, Jeremy Lotz ... long list really if I forgot someone pls let me know. I Graduated Capistrano Valley High School 1987. Looking back I can remember so many amazing musical people from the area. Can anyone out there remember bands from the OC? Maybe your own? Oldies or freshies welcomed.

POSTED ON
JANUARY 11, 2024 BY DAMIEN RILEY
You Have a Culture Now Jack.



The 63

Lipless Fish band

L to R: Jack Kilby – bass, backing vocals, Sean Teer – rhythm guitar, Damien Riley – lead vocal, guitar, piano Jeff Koclanis -Drums

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I had a friend in my 20's who played music in a band with me. He played bass and sang harmonies and I played guitar and sang lead. The group disbanded after some good memories were made playing in Hollywood a couple times at a place called "The Anti Club." We swooned seeing the lights and feeling the muffled carpet bomb cacophony of bands and their bass bleeding down the strip on the mythic Santa Ana North Grand and Bower. We were suburban angst-infected "sheltered" punks renting motel rooms before gigs trying to be Led Zeppelin "lite." We even wrote a song together in one God-forsaken place the night before a show based on a carved, elegantly marked up graffiti-styled name on a wooden beam in that taco-chip motel: "Gustavo." We created an image in the song of a low-rider Los Angeles local gang banger who would simply snap his fingers and chicks came begging. We'd laugh so hard when we hung out together our eyes would

water with bloody sweet pus it seemed. I almost choked to death on occasion, begging the jokesters to stop. Sometimes in our laughter one of us would puke. It was wonderful, Everyone should experience that sort of atmospheric laughter.

I'd be remiss to not mention our soul changing opportunity to record with and learn from the studio production talent of Dave Sharp who was in the 90's arena band "The Alarm." Let's be clear! NOT their current guitarist from "Gene Loves Jezebel," James Stevenson. He's alien to me as is the latest incarnation of the Alarm. Dave is my guitar hero, always will be. Listen to "Sold Me Down the River," 'Nuff said. Dave has a solo act now in Great Britain since the original Alarm disbanded at the time I met him in 1992. One day I'll write a full chapter on that. He asked me to open up for him at the Coach House in San Juan Capistrano singing my songs with just my Martin acoustic, and I did. Miracle. The magical two songs The 63 Lipless recorded with Dave are up on YouTube if you're a Dave Sharp fan. You can hear him trading lead guitar chops with me and backup vocals with Jack on two of my original songs "People," and "Talk to Me." They came out brilliantly. Hi Dave!



Jack was such a gentle and talented guy. We played one night at Goodies in Fullerton where we played several times but one night was in a big promoted local band showcase orchestrated by snake agent Bob Starr. I invited my lifelong family friend at that time Gwen Stefani to come see us. It promised to be a big performance, we were getting fatigued grasping to make money at our music and we were all ready to just stop unless somebody helped us make it. Every young band needs a break. It seldom happens. To this day I'm so thankful and humbled she came. Thanks Gwen. She showed up with No Doubt Bass player Tony Kanal and after the show Gwen told me three words that lifted

our collective band consciousness: “That Was Cute.” She was just a girl about to be catapulted into her own kaleidoscopic life I know nothing about. I have a unique take on fame. I believe each of us humans is on an equally valuable path. Famous or completely unknown, we all sleep in only one bed at night and we all put our Doc Martens on one at a time. When I find myself in reverie, I feel fame would have proven dangerous or even destructive for me but I have no proof of that. “Judge not lest ye be judged” Jesus said that. I say don’t judge a Gwen by its cover and until you’ve walked a mile in her Lamb stilletos (Forgive me for that ghastly rhetorical device. I spontaneously improvised but it works well I think don’t you?) Hope so. I do NOT think there exist such gauche footwear in her multi million dollar lamb enterprise extant, nor moccasins for that matter. □



I love

Gwen Stefani.

We were family friends through our parents who are still very close. They have always encouraged me. They are my Godparents. I know they did enjoy watching me grow up. They love me like family and I them. I’ll always treasure the card they gave me when I graduated from the two year college at 23. Eric drew the card, they all signed it but the best thing in it was “Uncle Dennis” written advice that I’ve since never forgotten: “Congratulations, keep moving forward.” I took that advice with college. By 30 I had earned my A.A, B.A., M.A, and Multiple Subjects Preliminary Credential. At 33 I married and started a family here in the High Desert. Dennis, thank you.



L to R:

Dennis Stefani, newborn ME, Gerry Riley (My father)

I don't see the Stefanis much anymore. My mom gives me gossip updates. I recently caught up with them at my sister Erin and her husband Greg Duran's wedding at the San

Juan Capistrano Mission. It was stunning. Patty held me by my arms and said lovingly: “I hope you know it was entertaining watching you grow.” I sure hope it was. I ain’t perfect. I’ve been referred to as a handful. I love my god mother. I love the whole Stefani family. Hey out there Eric Stefani! Love you.



L to R:

Eric Stefani, Damien Riley

Todd and Jill it’s been too long! Love you.

Well seasons change and work is hard to find in this often senseless world. That band broke up on excellent terms. Three of us went and got college degrees. We all lost track of Jack but out of all of us he was the most amicable, in fact he was jolly. We would never think he’d ever be sad. I never once saw him lose his temper. But many owls hooted over many seasons in the crackle of the wind through the 90’s and beyond and to infinity.

Through the sunburn pain of many Summers and the fall leaf grass crackling and shaking us to the bone, Jack disappeared from our consciousness.

Much to my surprise and shock he turned up on Facebook in a chat room around 2008 when they had those. He said some really mean stuff to me. He wasn’t the Jack I remembered. He really needed to make it in a band. It was his sole aspiration as he toiled away at Alpha Beta not attending college and, from what we could tell, that was done in quiet desperation. He dressed up slick for Goodies that night. He smelled like he’d poured on a whole bottle of Old Spice cologne. Maybe he thought Gwen was our band’s ticket out of grocery walk-ins and putting away the trucks at midnight. Ah, the shit you have to do.

I haven’t seen or heard from him since. We had a song “Construction” we’d worked really hard writing together at the end of our jaunt together. I had let it slip through my collection of tapes through many moves along my own wicked gorgeous journey. Sometimes “Gif mixed ghetto blaster jam tapes” tapes got lost when I had a rush to pack up my shit as the townsfolk drove me out of town with pitchforks. Well, not literally but my life is fast and loose brothers and sisters, know that. Back to the song though.

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****Argument for archiving stuff goes here. ****

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Despite that frightening chat night, I wish him nothing but love and light and you never know, he could turn up for a reunion sooner or later. We all make mistakes growing up and even now. Nobody’s perfect. I hope I make less mistakes on my path as I travel down all my kaleidoscopic wonderful experiences teaching college English and writing. I try to practice self-compassion as a daily practice. He’s probably doing great out there in his Jack universe.

We’ve all grown. Maybe that makes us all different from our 22 year old selves. That should be expected and even the most desirable outcome of those discoveries we had to make on our own. Aren’t you glad we aren’t frozen in time? Everything changes. If it didn’t we’d be like stones or stinking rotting grasses in a trash can. It’s not permanence we should seek but flow in alignment with. Peace can flow in a constantly mutating environment like us floating on our backs down the river, going deeper into the sea, then eventually into outer space, or the body of a cow, who knows. Who cares. All we have is now. A surrender is required for this peace to occur.

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The end.?

Like this:

What I Let in is my Choice Every Day

Next Post

You Have a Culture Now Jack.



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DECEMBER 27, 2023 BY DAMIEN RILEY

The Curse of the Werewolf – Something to really sink your teeth into.



Listen to me, I'm a neglected GENIUS

<https://rileyonfilm.com/the-curse-of-the-werewolf-something-to-really-sink-your-teeth-into>

“You are born of pure love and you remain pure love gifted with the most powerful force of intention.” in quotes so you'll notice I say that in all of my books in different ways. (maneras)

I'm sure I don't want to get married again but I'm on the fence about meeting a potential companion. Quite happy single living in the moment.

APRIL 12, 2024 BY DAMIEN RILEY

Me n Cleo



We watch

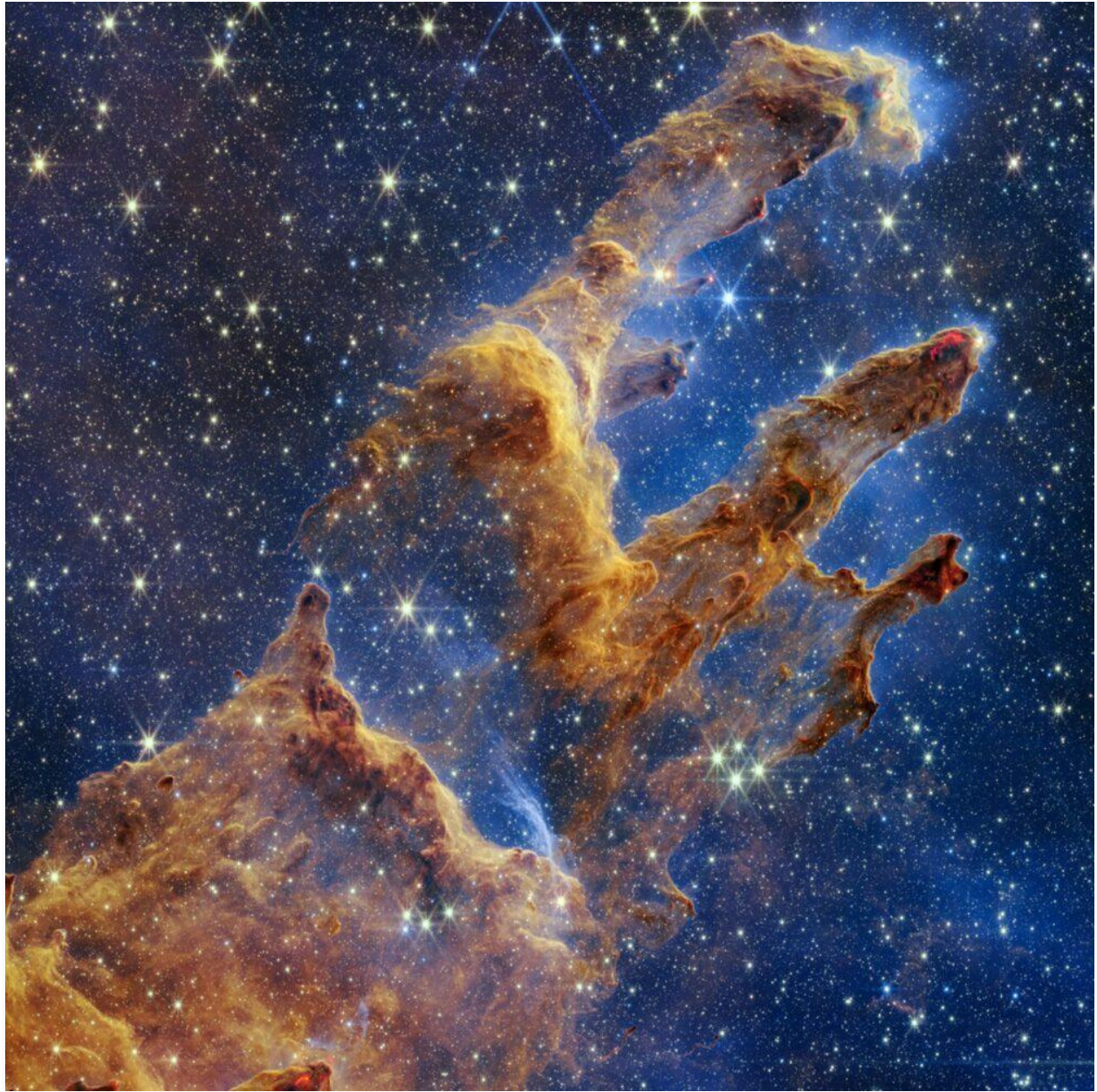
Geobeats Animals together.

APRIL 14, 2024 BY DAMIEN RILEY

Your body changes at the rate of 50,000 cells per minute.







POSTED ON
APRIL 14, 2024 BY DAMIEN RILEY

My Urgent Message to You, My Dream Lover:

My longing for you written here is thus sent out to reverberate through the universe and back to me. I am. 54 M Desperately seeking around the same age F, though age is as much irrelevant as time is to me. You must have a big heart and great legs.

“I’ve been waiting 4 u all my life” -Savage Garden. □ Inquire within:

“Please don’t be long” -John Lennon, Blue Jay Way

Let's work some magic. I'm here.



"Dreamweaver I believe you can get me through the night."

I await your response and have been waiting patiently for you all my life. I am ready for you now.

Namaste,

Damien

rileyonfilm@gmail.com

(760) 220-2349

rileyonfilm.com

Peace to you, now write, call, or text me. You can do it, you are strong.

APRIL 15, 2024 BY DAMIEN RILEY

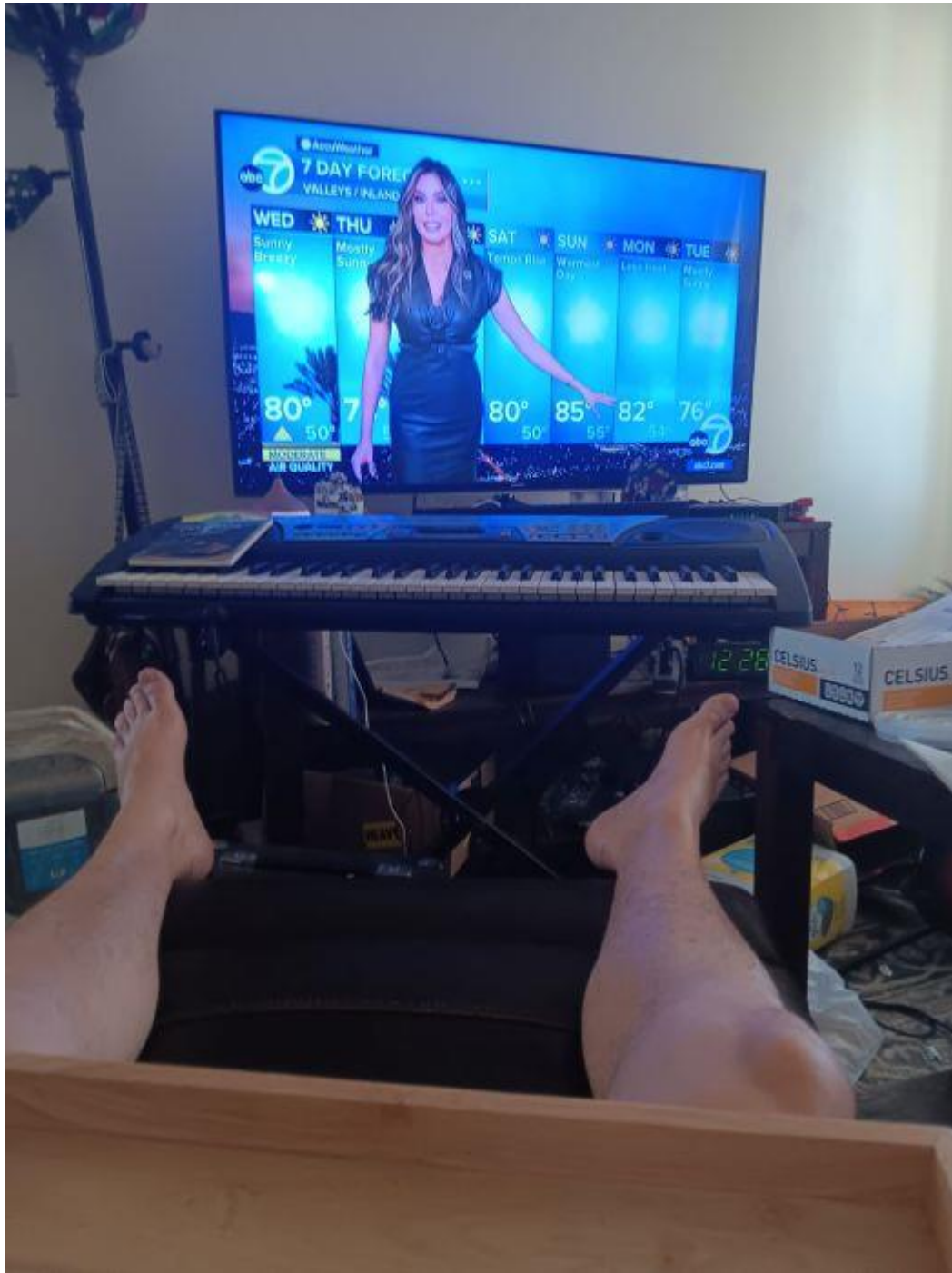
Let Go

You know a being that really should have learned to let go is Gollum, Don't be like Gollum.



APRIL 17, 2024 BY DAMIEN RILEY

Watching weather, for the articles. Yum.



APRIL 17, 2024 BY DAMIEN RILEY

Ep 3 – The Night Owl w Damien – Atmospheric Horror

Ah these lovely women all around like flowers. What is a man to do? Enjoy? I am



APRIL 17, 2024 BY DAMIEN RILEY

“Finish each day and be done with it ...”



Love Emerson.

You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day. You shall begin it serenely and with too high a spirit to be encumbered with your old nonsense.”

~Ralph Waldo Emerson

APRIL 20, 2024 BY DAMIEN RILEY

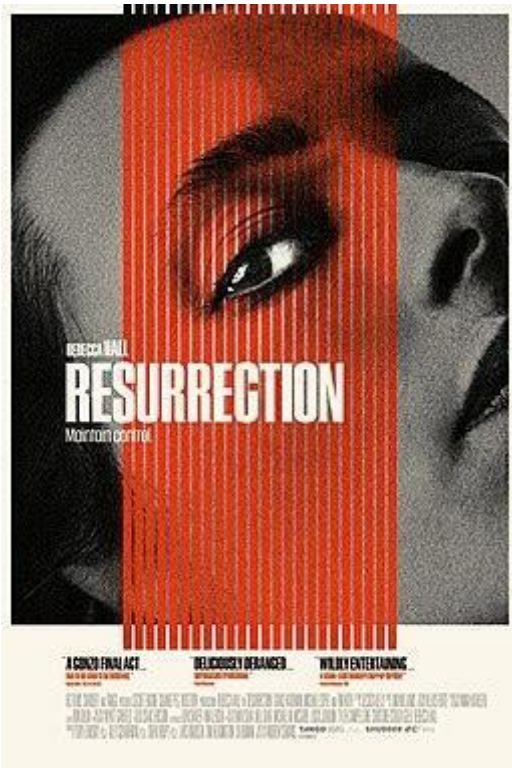
Sultans Of Swing! ☐☐

Feel my painful crush of one 40 years too young for me. ☐ Great Job Juliana Wilson and super excellent leg crop, Thanks.

How much space does the room you are in take up in space?

MARCH 12, 2024 BY DAMIEN RILEY

Resurrection 10/10



Horror worth mentioning!

Do you ever have the problem I have with some movies? You start them and something doesn't feel right so you turn your nose up and stop watching only later to keep thinking about it and what was going to happen next? That's what happened to me with this film "Resurrection" starring Rebecca Hall who has done some top notch stuff. The thing that sticks out most in my mind is her film "with Joel Edgerton and another "Christine" where she portrays a very disturbed news anchor. She specializes in disturbed characters in a way. She's a good actor all around but it's those disturbed characters that she really seems to fit, for me anyway. No offense to her, I think I could play disturbed quite well myself. This film is a study in control, the way it flows to and fro from one to another in a relationship. This particular relationship is opaquely insane. It's hard to tell who's crazier and mor importantly, who was insane first.

Tim Roth plays her earlier love interest. He controlled her. I'll leave it at that. You'll have to see it to see what I mean. It's almost impossible to explain anyway, but as you know I avoid spoilers here. The film starts out 22 years after she left him and she is set up in the big city with her college aged daughter who is really worried about her mom. It's a study in control, the way I see it. It can be seen as a metaphor of how we control others and they us. The power play goes back and forth through the latter half of the movie when her ex shows up and starts messing with her mind ... again. The details of the plot are sheer madness. You can look up spoilers if you want but I recommend you don't.

Have faith in this horror film. If you like horror and odd horror open to interpretation, you'll love this. It smacked of "Birdman" with Michael Keaton a few times as the camera slowly

*focused on Rebecca Hall's eyes: hollow. What is happening here? You can tell us all in the comments. I was blown away by this movie. It's so good I went back to it after the first quarter has sort of turned me off. This also has one of the best penultimate acts I have ever seen ... period. See it! **What a fucking ride.***

Member I said? NOT FOR KIDS.

¡ZenyLaFermata!

Finnegean begin again ...

All answers, no questions rileyonfilm.com

Book #3 is really a blog aspiring to become a book. Ended 06/15/2024

I hope you enjoyed yourself. I'm already thinking of new ideas.

If you like my stuff, the extended version of this particular book has a category. Go one over and peel back layers ☐

Part two of this book continues as a blog here:

<https://rileyonfilm.com/category/books/zenylafermata/page/4>

See ya there compadre. ♥☐☐☐☐☐

~DAME

June 2024